



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Modry, Markus

Club: Schmitten  
Number: 252

Course: 21.08 km  
Halbmarathon

Category:  
Männer M45

Total time: 2:45:07

Speed: 7.66 km/h  
Running performance: 7:50 min/km

Rank in course/Total: 50 (of 64)

Rank in course/Men: 41 (of 53)

Best time in course: 1:47:19

Rank in category: 8(of 11)

Best time in the category: 1:54:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	35:14	6:41	4	7:46	25	9:16	5.27	35:14	6:41	6	7:46	8	
Runde	5.27	42:15	8:01	11	13:04	49	16:04	10.54	1:17:29	7:21	6	20:50	8	
Runde	5.27	42:50	8:07	8	13:17	42	15:31	15.81	2:00:19	7:36	6	34:07	8	
Runde	5.27	44:48	8:30	6	16:13	41	44:20	21.08	2:45:07	7:49	8	50:20	41	57:48