



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Gerlach, Ronny

Club: sc impuls erfurt
Number: 451

Course: 21.08 km
Halbmarathon

Category:
Männer M30

Total time: 2:47:11

Speed: 7.54 km/h
Running performance: 7:56 min/km

Rank in course/Total: 52 (of 64)

Rank in course/Men: 43 (of 53)

Best time in course: 1:47:19

Rank in category: 2(of 3)

Best time in the category: 1:54:42

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	1:01:42	11:42	3	35:41	53	35:44	5.27	1:01:42	11:42	2	35:41	11	21:40
Runde	5.27	32:56	6:14	2	4:22	18	6:45	10.54	1:34:38	8:58	2	40:03	11	13:29
Runde	5.27	34:03	6:27	2	4:51	18	6:44	15.81	2:08:41	8:08	2	44:54	11	4:12
Runde	5.27	38:30	7:18	2	7:35	26	38:02	21.08	2:47:11	7:55	2	52:29	43	59:52