



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Potempa, Jürgen

Club: Bönen
Number: 295

Course: 21.08 km
Halbmarathon

Category:
Männer M40

Total time: 3:16:30

Speed: 6.41 km/h
Running performance: 9:19 min/km

Rank in course/Total: 63 (of 64)

Rank in course/Men: 52 (of 53)

Best time in course: 1:47:19

Rank in category: 12(of 12)

Best time in the category: 1:50:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	40:46	7:44	12	13:29	48	14:48	5.27	40:46	7:44	12	13:29	23	0:44
Runde	5.27	44:21	8:24	12	17:43	51	18:10	10.54	1:25:07	8:04	12	31:12	23	3:58
Runde	5.27	51:07	9:41	12	23:48	51	23:48	15.81	2:16:14	8:37	12	55:00	23	11:45
Runde	5.27	1:00:16	11:26	12	31:29	52	59:48	21.08	3:16:30	9:19	12	1:26:29	52	1:29:11