



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Beintner, Michael

Club: Spirit of Weidenberg
Number: 23

Course: 21.08 km
Halbmarathon

Category:
Männer M50

Total time: 3:19:38

Speed: 6.31 km/h
Running performance: 9:28 min/km

Rank in course/Total: 64 (of 64)

Rank in course/Men: 53 (of 53)

Best time in course: 1:47:19

Rank in category: 7(of 7)

Best time in the category: 2:12:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	5.27	37:31	7:07	5	6:04	40	11:33	5.27	37:31	7:07	6	6:04	25		
Runde	5.27	46:46	8:52	7	14:41	53	20:35	10.54	1:24:17	7:59	6	20:45	25	3:08	
Runde	5.27	53:06	10:04	6	15:34	52	25:47	15.81	2:17:23	8:41	6	5:49	25	12:54	
Runde	5.27	1:02:15	11:48	7	1:01:47	53	1:01:47	21.08	3:19:38	9:28	7	1:07:36	53	1:32:19	