



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Beintner, Michael

Club: Spirit of Weidenberg  
Number: 23

Course: 21.08 km  
Halbmarathon

Category:  
Männer M50

Total time: 3:19:38

Speed: 6.31 km/h  
Running performance: 9:28 min/km

Rank in course/Total: 64 (of 64)

Rank in course/Men: 53 (of 53)

Best time in course: 1:47:19

Rank in category: 7(of 7)

Best time in the category: 2:12:02

Intermediate times

Stage score

Total ranking

| Control | Intermediate times |            |              |          | Stage score |         |            |          | Total ranking |              |          |             |         |            |
|---------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
|         | Split km           | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time    | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde   | 5.27               | 37:31      | 7:07         | 5        | 6:04        | 40      | 11:33      | 5.27     | 37:31         | 7:07         | 6        | 6:04        | 25      |            |
| Runde   | 5.27               | 46:46      | 8:52         | 7        | 14:41       | 53      | 20:35      | 10.54    | 1:24:17       | 7:59         | 6        | 20:45       | 25      | 3:08       |
| Runde   | 5.27               | 53:06      | 10:04        | 6        | 15:34       | 52      | 25:47      | 15.81    | 2:17:23       | 8:41         | 6        | 5:49        | 25      | 12:54      |
| Runde   | 5.27               | 1:02:15    | 11:48        | 7        | 1:01:47     | 53      | 1:01:47    | 21.08    | 3:19:38       | 9:28         | 7        | 1:07:36     | 53      | 1:32:19    |