



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Sinner, Tilo

Club: Halle
Number: 378

Course: 21.08 km
Halbmarathon

Category:
Männer M45

Total time: 2:29:10

Speed: 8.45 km/h
Running performance: 7:05 min/km

Rank in course/Total: 31 (of 64)

Rank in course/Men: 30 (of 53)

Best time in course: 1:47:19

Rank in category: 4(of 11)

Best time in the category: 1:54:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	5.27	33:31	6:21	3	6:03	19	7:33	5.27	33:31	6:21	11	6:03	26		
Runde	5.27	35:59	6:49	5	6:48	28	9:48	10.54	1:09:30	6:35	11	12:51	26		
Runde	5.27	37:18	7:04	5	7:45	26	9:59	15.81	1:46:48	6:45	11	20:36	26		
Runde	5.27	42:22	8:02	5	13:47	36	41:54	21.08	2:29:10	7:04	4	34:23	30	41:51	