



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

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Club: Aalborg Triathlon Klub  
Number: 161

Course: 42.16 km  
Marathon

Category:  
Männer M35

Total time: 3:26:19

Speed: 12.21 km/h  
Running performance: 4:53 min/km

Rank in course/Total: 2 (of 311)

Rank in course/Men: 2 (of 279)

Best time in course: 3:02:44

Rank in category: 1(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	24:33	4:39	4	1:12	11	2:50	5.27	24:33	4:39	20		7	
Runde	5.27	24:57	4:44	4	0:21	11	3:14	10.54	49:30	4:41	27		2	6:04
Runde	5.27	25:09	4:46	3	0:21	9	2:54	15.81	1:14:39	4:43	27		2	8:58
Runde	5.27	25:33	4:50	2	0:02	5	2:45	21.08	1:40:12	4:45	27		2	11:43
Runde	5.27	26:04	4:56	1	-	3	3:28	26.35	2:06:16	4:47	27		2	15:11
Runde	5.27	26:19	4:59	1	-	2	3:47	31.62	2:32:35	4:49	27		2	18:58
Runde	5.27	27:06	5:08	1	-	3	3:54	36.89	2:59:41	4:52	27		2	22:52
Runde	5.27	26:38	5:03	1	-	4	10:53	42.16	3:26:19	4:53	2	2:24:36	7	2:32:57