



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Neumann, Christian

Club: TriAs Hildesheim
Number: 264

Course: 42.16 km
Marathon

Category:
Männer M35

Total time: 3:30:00

Speed: 12.00 km/h
Running performance: 4:59 min/km

Rank in course/Total: 5 (of 311)

Rank in course/Men: 5 (of 279)

Best time in course: 3:02:44

Rank in category: 2(of 35)

Best time in the category: 3:26:19

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	5.27	23:57	4:32	2	0:36	4	2:14	5.27	23:57	4:32	21			10
Runde	5.27	24:36	4:40	1	-	6	2:53	10.54	48:33	4:36	19			5 5:07
Runde	5.27	24:54	4:43	2	0:06	7	2:39	15.81	1:13:27	4:38	19			5 7:46
Runde	5.27	25:31	4:50	1	-	4	2:43	21.08	1:38:58	4:41	19			5 10:29
Runde	5.27	26:39	5:03	3	0:35	9	4:03	26.35	2:05:37	4:46	19			5 14:32
Runde	5.27	27:22	5:11	2	1:03	6	4:50	31.62	2:32:59	4:50	19			5 19:22
Runde	5.27	28:04	5:19	2	0:58	5	4:52	36.89	3:01:03	4:54	19			5 24:14
Runde	5.27	28:57	5:29	2	2:19	10	13:12	42.16	3:30:00	4:58	3	2:28:17	10	2:36:38