



10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Hilpert, Jens

Club: TUS Massenheim

Number: 141

Course: 42.16 km

Marathon

Category:

Männer M40

Total time: 3:33:30

Speed: 11.80 km/h

Running performance: 5:04 min/km

Rank in course/Total: 7 (of 311)

Rank in course/Men: 7 (of 279)

Best time in course: 3:02:44

Rank in category: 1(of 62)

Best time in the category: 3:33:30

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	24:29	4:38	4	1:43	9	2:46	5.27	24:29	4:38	33		12	
Runde	5.27	25:05	4:45	4	1:24	13	3:22	10.54	49:34	4:42	47		7	6:08
Runde	5.27	26:02	4:56	3	1:19	14	3:47	15.81	1:15:36	4:46	47		7	9:55
Runde	5.27	26:27	5:01	2	0:41	12	3:39	21.08	1:42:03	4:50	47		7	13:34
Runde	5.27	26:30	5:01	1	-	5	3:54	26.35	2:08:33	4:52	47		3	17:28
Runde	5.27	28:09	5:20	1	-	9	5:37	31.62	2:36:42	4:57	47		7	23:05
Runde	5.27	28:27	5:23	1	-	6	5:15	36.89	3:05:09	5:01	47		7	28:20
Runde	5.27	28:21	5:22	2	1:21	7	12:36	42.16	3:33:30	5:03	2	2:40:08	12	2:40:08