



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Meyer, Dieter

Club: Laufspass SW Sende
Number: 248

Course: 31.62 km
3/4 Marathon

Category:
Männer M50

Total time: 3:33:54

Speed: 8.87 km/h
Running performance: 6:46 min/km

Rank in course/Total: 6 (of 23)

Rank in course/Men: 6 (of 22)

Best time in course: 2:46:55

Rank in category: 1(of 6)

Best time in the category: 3:33:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	35:18	6:41	3	4:34	17	10:01	5.27	35:18	6:41	1	-	18	1:43
Runde	5.27	33:28	6:21	3	1:30	11	6:39	10.54	1:08:46	6:31	1	-	18	1:26
Runde	5.27	34:12	6:29	3	1:02	13	7:20	15.81	1:42:58	6:30	1	-	18	2:08
Runde	5.27	35:38	6:45	3	0:15	13	7:42	21.08	2:18:36	6:34	1	-	18	
Runde	5.27	36:45	6:58	1	-	7	8:26	26.35	2:55:21	6:39	1	-	18	
Runde	5.27	38:33	7:18	1	-	2	7:25	31.62	3:33:54	6:45	1	-	6	46:59