



10. Unter-Tage Sparkassen Marathon
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Andersen, Johnny Wulff

Club: Team Rold Skov
Number: 6

Course: 42.16 km
Marathon

Category:
Männer M30

Total time: 3:37:39

Speed: 11.58 km/h
Running performance: 5:10 min/km

Rank in course/Total: 10 (of 311)

Rank in course/Men: 10 (of 279)

Best time in course: 3:02:44

Rank in category: 1(of 33)

Best time in the category: 3:37:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	24:29	4:38	1	-	9	2:46	5.27	24:29	4:38	18	-	12	-
Runde	5.27	24:27	4:38	1	-	5	2:44	10.54	48:56	4:38	18	-	10	5:30
Runde	5.27	23:59	4:33	1	-	2	1:44	15.81	1:12:55	4:36	18	-	10	7:14
Runde	5.27	25:27	4:49	1	-	3	2:39	21.08	1:38:22	4:39	18	-	10	9:53
Runde	5.27	26:31	5:01	1	-	6	3:55	26.35	2:04:53	4:44	18	-	10	13:48
Runde	5.27	28:13	5:21	1	-	10	5:41	31.62	2:33:06	4:50	18	-	10	19:29
Runde	5.27	32:21	6:08	6	2:18	34	9:09	36.89	3:05:27	5:01	18	-	10	28:38
Runde	5.27	32:12	6:06	5	3:40	35	16:27	42.16	3:37:39	5:09	1	-	15	2:44:17