



# 10. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 03.12.2011

## Detailed evaluation

**Mache, Hartmut**

Club: Berlin  
Number: 232

Course: 31.62 km  
3/4 Marathon

Category:  
Männer M50

Total time: 3:43:03

Speed: 8.34 km/h  
Running performance: 7:03 min/km

Rank in course/Total: 14 (of 23)

Rank in course/Men: 14 (of 22)

Best time in course: 2:46:55

Rank in category: 4(of 6)

Best time in the category: 3:33:54

### Intermediate times

### Stage score

### Total ranking

| Control | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total       |               |                 | Pos         |                | Behind     |               |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
|         |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Runde   | 5.27        | 36:35         | 6:56            | 4           | 5:51           | 20          | 11:18         | 5.27        | 36:35         | 6:56            | 4           | 1:17           | 10         | 3:00          |
| Runde   | 5.27        | 35:01         | 6:38            | 4           | 3:03           | 17          | 8:12          | 10.54       | 1:11:36       | 6:47            | 4           | 2:50           | 10         | 4:16          |
| Runde   | 5.27        | 34:46         | 6:35            | 4           | 1:36           | 15          | 7:54          | 15.81       | 1:46:22       | 6:43            | 4           | 3:24           | 10         | 5:32          |
| Runde   | 5.27        | 35:52         | 6:48            | 4           | 0:29           | 14          | 7:56          | 21.08       | 2:22:14       | 6:44            | 4           | 3:38           | 10         | 3:33          |
| Runde   | 5.27        | 37:59         | 7:12            | 3           | 1:14           | 11          | 9:40          | 26.35       | 3:00:13       | 6:50            | 4           | 4:52           | 10         | 2:34          |
| Runde   | 5.27        | 42:50         | 8:07            | 3           | 4:17           | 7           | 11:42         | 31.62       | 3:43:03       | 7:03            | 4           | 9:09           | 14         | 56:08         |