



10. Unter-Tage Sparkassen Marathon  
Brügman- Schacht, Sondershausen / 03.12.2011

Detailed evaluation

Mache, Hartmut

Club: Berlin  
Number: 232

Course: 31.62 km  
3/4 Marathon

Category:  
Männer M50

Total time: 3:43:03

Speed: 8.34 km/h  
Running performance: 7:03 min/km

Rank in course/Total: 14 (of 23)

Rank in course/Men: 14 (of 22)

Best time in course: 2:46:55

Rank in category: 4(of 6)

Best time in the category: 3:33:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	5.27	36:35	6:56	4	5:51	20	11:18	5.27	36:35	6:56	4	1:17	10	3:00
Runde	5.27	35:01	6:38	4	3:03	17	8:12	10.54	1:11:36	6:47	4	2:50	10	4:16
Runde	5.27	34:46	6:35	4	1:36	15	7:54	15.81	1:46:22	6:43	4	3:24	10	5:32
Runde	5.27	35:52	6:48	4	0:29	14	7:56	21.08	2:22:14	6:44	4	3:38	10	3:33
Runde	5.27	37:59	7:12	3	1:14	11	9:40	26.35	3:00:13	6:50	4	4:52	10	2:34
Runde	5.27	42:50	8:07	3	4:17	7	11:42	31.62	3:43:03	7:03	4	9:09	14	56:08