



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Fritzwanker, Klaus

Total time: 19:34

Number: 374

Speed: 12.27 km/h

Running performance: 4:53 min/km

Course: 4.00 km

Rank in course/Total: 126 (of 389)

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Rank in course/Men: 101 (of 249)

Best time in course: 11:54

Category:

Rank in category: 7 (of 26)

Senioren M50 (50-59 Jahre)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:33	4:46	5	2:10	84	3:34	2.00	9:33	4:46	22		79	3:33
Leichtathletikhah	2.00	10:01	5:00	10	2:28	122	4:07	4.00	19:34	4:53	7	4:38	101	7:40