



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Weiß, Thomas

Club: WSV Ilmenau

Number: 1887

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M40 (40-49 Jahre)

Total time: 42:38

Speed: 14.07 km/h

Running performance: 4:16 min/km

Rank in course/Total: 87 (of 618)

Rank in course/Men: 81 (of 500)

Best time in course: 31:03

Rank in category: 27(of 171)

Best time in the category: 34:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:40	4:19	49	2:02	126	2:37	2.00	8:40	4:19	26	0:10	15	0:10
Runde	2.00	8:43	4:21	46	1:52	125	2:37	4.00	17:23	4:20	171	3:05	48	5:05
Runde	2.00	8:47	4:23	36	1:39	104	2:33	6.00	26:10	4:21	169	4:30	47	7:38
Runde	2.00	8:39	4:19	25	1:39	77	2:23	8.00	34:49	4:21	169	5:50	436	10:01
Leichtathletikhalle	2.00	7:49	3:54	9	0:54	33	1:38	10.00	42:38	4:15	27	8:06	82	16:10