



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Turtschan, Simon

Club: Erfurt

Number: 90

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitterthuringen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 20:09

Speed: 11.91 km/h

Running performance: 5:02 min/km

Rank in course/Total: 153 (of 389)

Rank in course/Men: 120 (of 249)

Best time in course: 11:54

Rank in category: 30(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:25	4:42	23	2:22	82	3:26	2.00	9:25	4:42	50		87	3:25
Leichtathletikhalle	2.00	10:44	5:21	38	3:27	160	4:50	4.00	20:09	5:02	30	5:49	120	8:15