



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Rösler, Walter

Club: Westerengel

Number: 369

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

Senioren M50 (50-59 Jahre)

Total time: 19:29

Speed: 12.32 km/h

Running performance: 4:52 min/km

Rank in course/Total: 123 (of 389)

Rank in course/Men: 99 (of 249)

Best time in course: 11:54

Rank in category: 6 (of 26)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:35	4:47	6	2:12	85	3:36	2.00	9:35	4:47	21		89	3:35
Leichtathletikhah	2.00	9:54	4:57	6	2:21	109	4:00	4.00	19:29	4:52	6	4:33	99	7:35