



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Horny, Paula

Total time: 23:55

Speed: 10.03 km/h

Number: 321

Running performance: 5:59 min/km

Course: 4.00 km

Rank in course/Total: 285 (of 389)

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Rank in course/Women: 71 (of 140)

Best time in course: 14:03

Category:

Rank in category: 14(of 33)

weibliche Jugend U14 (12-13 Jahre)

Best time in the category: 16:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	12:15	6:07	15	3:59	77	5:16	2.00	12:15	6:07	18	1:52	42	0:48
Leichtathletikhalle	2.00	11:40	5:49	17	3:19	72	4:36	4.00	23:55	5:58	14	7:18	71	9:52