



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Günther, Tom

Club: SV Alach

Number: 351

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitterhungen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 19:24

Speed: 12.37 km/h

Running performance: 4:51 min/km

Rank in course/Total: 116 (of 389)

Rank in course/Men: 93 (of 249)

Best time in course: 11:54

Rank in category: 21(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Runde | 2.00 | 9:42 | 4:50 | 26 | 2:39 | 90 | 3:43 | 2.00 | 9:42 | 4:50 | 58 | | 120 | 3:42 |
| Leichtathletikhalle | 2.00 | 9:42 | 4:50 | 20 | 2:25 | 97 | 3:48 | 4.00 | 19:24 | 4:50 | 21 | 5:04 | 93 | 7:30 |