



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Donder, Tina

Club: SV Sömmerda

Number: 254

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 14:35

Speed: 16.46 km/h

Running performance: 3:39 min/km

Rank in course/Total: 16 (of 389)

Rank in course/Women: 3 (of 140)

Best time in course: 14:03

Rank in category: 1 (of 4)

Best time in the category: 14:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	7:09	3:34	1	-	4	0:10	2.00	7:09	3:34	1	-	4		
Leichtathletikhah	2.00	7:26	3:43	1	-	3	0:22	4.00	14:35	3:38	1	-	3	0:32	