



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Linke, Kathrin

Club: Erfurt
Number: 393

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 23:10

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 263 (of 389)

Rank in course/Women: 61 (of 140)

Best time in course: 14:03

Rank in category: 15 (of 39)

Best time in the category: 15:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	11:23	5:41	14	3:42	55	4:24	2.00	11:23	5:41	20			54
Leichtathletikhalle	2.00	11:47	5:53	18	3:49	73	4:43	4.00	23:10	5:47	15	7:31	61	9:07