



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Runge, Hugo

Club: Erfurt
Number: 305

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 16:30

Speed: 14.55 km/h

Running performance: 4:07 min/km

Rank in course/Total: 46 (of 389)

Rank in course/Men: 37 (of 249)

Best time in course: 11:54

Rank in category: 8(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	7:51	3:55	5	0:48	28	1:52	2.00	7:51	3:55	59		123	1:51
Leichtathletikhalle	2.00	8:39	4:19	12	1:22	48	2:45	4.00	16:30	4:07	8	2:10	37	4:36