



## 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

### Detailed evaluation

**Kröll, Bodo**

Club: Erfurt

Number: 387

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Senioren M40 (40-49 Jahre)

Total time: 26:24

Speed: 9.09 km/h

Running performance: 6:36 min/km

Rank in course/Total: 352 (of 389)

Rank in course/Men: 241 (of 249)

Best time in course: 11:54

Rank in category: 63(of 63)

Best time in the category: 14:23

### Intermediate times

### Stage score

### Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|---------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Runde               | 2.00        | 13:12         | 6:35            | 62          | 6:11           | 240        | 7:13          | 2.00        | 13:12         | 6:35            | 4           | 3:26           | 139        | 7:12          |
| Leichtathletikhalle | 2.00        | 13:12         | 6:35            | 61          | 5:50           | 238        | 7:18          | 4.00        | 26:24         | 6:35            | 63          | 12:01          | 241        | 14:30         |