



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Praetorius, Sven

Club: ASV Erfurt

Number: 281

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

Männer (20-29 Jahre)

Total time: 11:54

Speed: 20.17 km/h

Running performance: 2:59 min/km

Rank in course/Total: 1 (of 389)

Rank in course/Men: 1 (of 249)

Best time in course: 11:54

Rank in category: 1 (of 23)

Best time in the category: 11:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	6:00	3:00	2	0:01	2	0:01	2.00	6:00	3:00	13		1	-
Leichtathletikhall	2.00	5:54	2:57	1	-	1	-	4.00	11:54	2:58	1	-	1	-