



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Anders, Peter

Club: Erfurt
Number: 134

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

Senioren M50 (50-59 Jahre)

Total time: 21:43

Speed: 11.05 km/h

Running performance: 5:26 min/km

Rank in course/Total: 215 (of 389)

Rank in course/Men: 167 (of 249)

Best time in course: 11:54

Rank in category: 16(of 26)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:02	5:30	16	3:39	167	5:03	2.00	11:02	5:30	1	-	137	5:02
Leichtathletikhah	2.00	10:41	5:20	14	3:08	158	4:47	4.00	21:43	5:25	16	6:47	167	9:49