



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Reuter, Katrin**

Club: Erfurt

Number: 72

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 22:56

Speed: 10.47 km/h

Running performance: 5:44 min/km

Rank in course/Total: 252 (of 389)

Rank in course/Women: 57 (of 140)

Best time in course: 14:03

Rank in category: 14 (of 39)

Best time in the category: 15:39

### Intermediate times

### Stage score

### Total ranking

| Control             | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|---------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                     |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Runde               | 2.00        | 11:51         | 5:55            | 18          | 4:10           | 69           | 4:52            | 2.00          | 11:51         | 5:55            | 33          |                | 70           | 0:24            |
| Leichtathletikhalle | 2.00        | 11:05         | 5:32            | 13          | 3:07           | 52           | 4:01            | 4.00          | 22:56         | 5:44            | 14          | 7:17           | 57           | 8:53            |