



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Merschel, Gunter

Club: Fsv 06Ohratal

Number: 33

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitterhungen

Category:

Senioren M50 (50-59 Jahre)

Total time: 22:38

Speed: 10.60 km/h

Running performance: 5:40 min/km

Rank in course/Total: 244 (of 389)

Rank in course/Men: 191 (of 249)

Best time in course: 11:54

Rank in category: 19(of 26)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:46	5:23	15	3:23	150	4:47	2.00	10:46	5:23	12		168	4:46
Leichtathletikhah	2.00	11:52	5:56	23	4:19	217	5:58	4.00	22:38	5:39	19	7:42	191	10:44