



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Hoffmann, Robert

Club: Team Traktor Thüringen

Number: 15

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

Senioren M30 (30-39 Jahre)

Total time: 23:39

Speed: 10.15 km/h

Running performance: 5:55 min/km

Rank in course/Total: 276 (of 389)

Rank in course/Men: 210 (of 249)

Best time in course: 11:54

Rank in category: 24(of 32)

Best time in the category: 13:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	12:36	6:17	26	6:01	226	6:37	2.00	12:36	6:17	10	2:00	171	6:36
Leichtathletikhäl	2.00	11:03	5:31	24	4:23	183	5:09	4.00	23:39	5:54	24	10:24	210	11:45