



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Fleischhauer, Jana

Club: Erfurt

Number: 6

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Frauen (20-29 Jahre)

Total time: 26:40

Speed: 9.00 km/h

Running performance: 6:40 min/km

Rank in course/Total: 354 (of 389)

Rank in course/Women: 112 (of 140)

Best time in course: 14:03

Rank in category: 23(of 25)

Best time in the category: 14:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	13:21	6:40	23	6:22	113	6:22	2.00	13:21	6:40	8	1:42	90	1:54
Leichtathletikhalle	2.00	13:19	6:39	22	6:15	112	6:15	4.00	26:40	6:40	23	12:37	112	12:37