



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Panse, Anna Lena

Club: USV Erfurt

Number: 142

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 24:23

Speed: 9.84 km/h

Running performance: 6:06 min/km

Rank in course/Total: 306 (of 389)

Rank in course/Women: 81 (of 140)

Best time in course: 14:03

Rank in category: 19(of 33)

Best time in the category: 16:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	11:24	5:42	14	3:08	57	4:25	2.00	11:24	5:42	9	1:01	91		
Leichtathletikhalle	2.00	12:59	6:29	25	4:38	103	5:55	4.00	24:23	6:05	19	7:46	81	10:20	