



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Hermann, Max

Club: 1FC Magdeburg

Number: 373

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 15:36

Speed: 15.38 km/h

Running performance: 3:54 min/km

Rank in course/Total: 29 (of 389)

Rank in course/Men: 24 (of 249)

Best time in course: 11:54

Rank in category: 4 (of 13)

Best time in the category: 14:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	7:37	3:48	4	0:46	23	1:38	2.00	7:37	3:48	3	0:46	23	1:37
Leichtathletikhalle	2.00	7:59	3:59	2	0:48	25	2:05	4.00	15:36	3:53	4	1:34	24	3:42