



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Peter, Silke

Club: Lauffreunde Schmira

Number: 1717

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

Seniorinnen W40 (40-49 Jahre)

Total time: 28:52

Speed: 8.31 km/h

Running performance: 7:13 min/km

Rank in course/Total: 375 (of 389)

Rank in course/Women: 127 (of 140)

Best time in course: 14:03

Rank in category: 36(of 39)

Best time in the category: 15:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.00	14:04	7:01	35	6:23	124	7:05	2.00	14:04	7:01	4	1:45	50	2:37
Leichtathletikhalle	2.00	14:48	7:24	37	6:50	127	7:44	4.00	28:52	7:13	36	13:13	127	14:49