



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Blume, Baldo

Club: SG Langenfeld

Number: 1900

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:

Senioren M70 (70 und älter Jahre)

Total time: 22:43

Speed: 10.56 km/h

Running performance: 5:41 min/km

Rank in course/Total: 246 (of 389)

Rank in course/Men: 192 (of 249)

Best time in course: 11:54

Rank in category: 6(of 10)

Best time in the category: 18:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	11:06	5:32	5	2:05	172	5:07	2.00	11:06	5:32	5	2:05	160	5:06
Leichtathletikhäl	2.00	11:37	5:48	6	2:15	210	5:43	4.00	22:43	5:40	6	4:20	192	10:49