



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Köhler, Fabio

Club: Albert-Schweitzer-Kinderdorf

Number: 221

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungenlocher

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 20:07

Speed: 11.93 km/h

Running performance: 5:02 min/km

Rank in course/Total: 152 (of 389)

Rank in course/Men: 117 (of 249)

Best time in course: 11:54

Rank in category: 12(of 13)

Best time in the category: 14:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	9:42	4:50	10	2:51	90	3:43	2.00	9:42	4:50	10	2:51	120	3:42
Leichtathletikhalle	2.00	10:25	5:12	11	3:14	141	4:31	4.00	20:07	5:01	12	6:05	117	8:13