



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Köditz, Marcus

Club: Speedskating Arnstadt
Number: 267

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Senioren M30 (30-39 Jahre)

Total time: 27:50

Speed: 8.62 km/h

Running performance: 6:58 min/km

Rank in course/Total: 360 (of 389)

Rank in course/Men: 244 (of 249)

Best time in course: 11:54

Rank in category: 32(of 32)

Best time in the category: 13:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	13:29	6:44	31	6:54	244	7:30	2.00	13:29	6:44	4	2:53	196	7:29
Leichtathletikhäl	2.00	14:21	7:10	32	7:41	243	8:27	4.00	27:50	6:57	32	14:35	244	15:56