



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Solcher, Clara

Club: BSG Fiskus

Number: 187

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

Frauen (20-29 Jahre)

Total time: 19:33

Speed: 12.28 km/h

Running performance: 4:53 min/km

Rank in course/Total: 125 (of 389)

Rank in course/Women: 25 (of 140)

Best time in course: 14:03

Rank in category: 7 (of 25)

Best time in the category: 14:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	9:44	4:51	7	2:45	26	2:45	2.00	9:44	4:51	5			122	
Leichtathletikhalle	2.00	9:49	4:54	7	2:45	25	2:45	4.00	19:33	4:53	7	5:30		25	5:30