



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Neuber, Bastian

Club: LTV Erfurt

Number: 94

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfranken

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 19:26

Speed: 12.35 km/h

Running performance: 4:52 min/km

Rank in course/Total: 120 (of 389)

Rank in course/Men: 95 (of 249)

Best time in course: 11:54

Rank in category: 11(of 13)

Best time in the category: 14:02

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	8:48	4:24	6	1:57	60	2:49	2.00	8:48	4:24	12	1:57	69	2:48
Leichtathletikhall	2.00	10:38	5:18	12	3:27	152	4:44	4.00	19:26	4:51	11	5:24	95	7:32