



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Forkel, Till

Club: Erfurt

Number: 25

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 20:10

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course/Total: 154 (of 389)

Rank in course/Men: 121 (of 249)

Best time in course: 11:54

Rank in category: 31(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:04	5:01	34	3:01	123	4:05	2.00	10:04	5:01	25		229	4:04
Leichtathletikhalle	2.00	10:06	5:02	27	2:49	129	4:12	4.00	20:10	5:02	31	5:50	121	8:16