



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Rady, Felix

Club: Erfurt
Number: 307

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhüringen

Category:
männliche Jugend U14 (12-13 Jahre)

Total time: 22:13

Speed: 10.80 km/h
Running performance: 5:33 min/km

Rank in course/Total: 231 (of 389)

Rank in course/Men: 179 (of 249)

Best time in course: 11:54

Rank in category: 44(of 60)

Best time in the category: 14:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	10:53	5:26	41	3:50	161	4:54	2.00	10:53	5:26	30		242	4:53
Leichtathletikhäl	2.00	11:20	5:40	48	4:03	200	5:26	4.00	22:13	5:33	44	7:53	179	10:19