



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Bausewein, Andreas

Club: SV Erfurt

Number: 1876

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelfüringen

Category:

Senioren M30 (30-39 Jahre)

Total time: 24:24

Speed: 9.84 km/h

Running performance: 6:06 min/km

Rank in course/Total: 308 (of 389)

Rank in course/Men: 225 (of 249)

Best time in course: 11:54

Rank in category: 27(of 32)

Best time in the category: 13:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	15:41	7:50	32	9:06	248	9:42	2.00	15:41	7:50	3	5:05	244	9:41
Leichtathletikhäl	2.00	8:43	4:21	5	2:03	53	2:49	4.00	24:24	6:05	27	11:09	225	12:30