



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Kellner, Tobias

Club: Faulungen

Number: 1562

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 36:37

Speed: 16.39 km/h

Running performance: 3:40 min/km

Rank in course/Total: 18 (of 618)

Rank in course/Men: 17 (of 500)

Best time in course: 31:03

Rank in category: 11(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	6:55	3:27	11	0:52	16	0:52	2.00	6:55	3:27	67		401	
Runde	2.00	7:17	3:38	11	1:03	17	1:11	4.00	14:12	3:32	58		15	1:54
Runde	2.00	7:27	3:43	11	1:13	18	1:13	6.00	21:39	3:36	58		15	3:07
Runde	2.00	7:32	3:46	11	1:16	18	1:16	8.00	29:11	3:38	58		15	4:23
Leichtathletikhalle	2.00	7:26	3:43	13	1:15	22	1:15	10.00	36:37	3:39	12	10:09	18	10:09