



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Lange, Patrick**

Club: Erfurt  
Number: 1357

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:  
Männer (20-29 Jahre)

Total time: 42:51

Speed: 14.00 km/h  
Running performance: 4:17 min/km

Rank in course/Total: 96 (of 618)

Rank in course/Men: 90 (of 500)

Best time in course: 31:03

Rank in category: 26(of 82)

Best time in the category: 31:03

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Men	Cat.	Men				Cat.	Men	Cat.	Men
Runde	2.00	8:40	4:19	30	126	2:37	2:37	2.00	8:40	4:19	48	15	0:10	
Runde	2.00	8:33	4:16	27	99	2:19	2:27	4.00	17:13	4:18	54	32	4:55	
Runde	2.00	8:37	4:18	24	86	2:23	2:23	6.00	25:50	4:18	54	29	7:18	
Runde	2.00	8:36	4:17	23	74	2:20	2:20	8.00	34:26	4:18	54	32	9:38	
Leichtathletikhalle	2.00	8:25	4:12	24	87	2:14	2:14	10.00	42:51	4:17	27	91	16:23	16:23