



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Stichling, Laura

Club: Tröchtelborn

Number: 176

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

weibliche Jugend U18 (16-17 Jahre)

Total time: 16:28

Speed: 14.57 km/h

Running performance: 4:07 min/km

Rank in course/Total: 44 (of 389)

Rank in course/Women: 8 (of 140)

Best time in course: 14:03

Rank in category: 2 (of 4)

Best time in the category: 14:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.00	8:12	4:05	2	1:03	8	1:13	2.00	8:12	4:05	2	1:03	8		
Leichtathletikhalle	2.00	8:16	4:08	2	0:50	9	1:12	4.00	16:28	4:06	2	1:53	8	2:25	