



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Bomberg, Dirk

Club: Impuls Erfurt

Number: 55

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mittelhungen

Category:

Senioren M50 (50-59 Jahre)

Total time: 16:41

Speed: 14.39 km/h

Running performance: 4:10 min/km

Rank in course/Total: 52 (of 389)

Rank in course/Men: 42 (of 249)

Best time in course: 11:54

Rank in category: 3(of 26)

Best time in the category: 14:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	8:14	4:06	3	0:51	41	2:15	2.00	8:14	4:06	26		37	2:14
Leichtathletikh	2.00	8:27	4:13	3	0:54	39	2:33	4.00	16:41	4:10	3	1:45	42	4:47