



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Seckel, Toni

Club: SV Wandersleben

Number: 1501

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 40:27

Speed: 14.83 km/h

Running performance: 4:02 min/km

Rank in course/Total: 47 (of 618)

Rank in course/Men: 42 (of 500)

Best time in course: 31:03

Rank in category: 17(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	8:16	4:08	23	2:13	79	2:13	2.00	8:16	4:08	73			440	
Runde	2.00	7:59	3:59	17	1:45	42	1:53	4.00	16:15	4:03	52			42	3:57
Runde	2.00	8:04	4:01	16	1:50	40	1:50	6.00	24:19	4:03	52			74	5:47
Runde	2.00	8:12	4:05	16	1:56	42	1:56	8.00	32:31	4:03	52			67	7:43
Leichtathletikhalle	2.00	7:56	3:58	16	1:45	39	1:45	10.00	40:27	4:02	18	13:59		43	13:59