



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Wagmer, Christoph

Club: VfL Hüpstedt

Number: 389

Course: 4.00 km

Wertungslauf um den Pokal der Sparkasse Mitternellingen

Category:

Männer (20-29 Jahre)

Total time: 16:51

Speed: 14.24 km/h

Running performance: 4:13 min/km

Rank in course/Total: 56 (of 389)

Rank in course/Men: 45 (of 249)

Best time in course: 11:54

Rank in category: 7 (of 23)

Best time in the category: 11:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.00	8:15	4:07	6	2:16	42	2:16	2.00	8:15	4:07	18		38	2:15
Leichtathletikhalle	2.00	8:36	4:17	9	2:42	46	2:42	4.00	16:51	4:12	7	4:57	45	4:57