



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Schmidt, Daniel

Club: Olbersleben

Number: 1360

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M30 (30-39 Jahre)

Total time: 40:34

Speed: 14.79 km/h

Running performance: 4:04 min/km

Rank in course/Total: 51 (of 618)

Rank in course/Men: 46 (of 500)

Best time in course: 31:03

Rank in category: 11(of 107)

Best time in the category: 34:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	7:27	3:43	9	0:42	35	1:24	2.00	7:27	3:43	12		47	
Runde	2.00	8:04	4:01	12	1:09	48	1:58	4.00	15:31	3:52	21		88	3:13
Runde	2.00	8:21	4:10	14	1:16	61	2:07	6.00	23:52	3:58	21		86	5:20
Runde	2.00	8:30	4:15	13	1:23	66	2:14	8.00	32:22	4:02	21		86	7:34
Leichtathletikhalle	2.00	8:12	4:05	15	1:24	58	2:01	10.00	40:34	4:03	11	5:53	47	14:06