



# 39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

## Detailed evaluation

**Oemus, Daniela**

Club: SV Blau- Weiß- Bürgen

Number: 1509

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Frauen (20-29 Jahre)

Total time: 39:08

Speed: 15.33 km/h

Running performance: 3:55 min/km

Rank in course/Total: 35 (of 618)

Rank in course/Women: 3 (of 118)

Best time in course: 36:13

Rank in category: 2(of 18)

Best time in the category: 36:13

### Intermediate times

### Stage score

### Total ranking

| Control             | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score |              | Total ranking |            |              |          |             |           |              |  |
|---------------------|----------|------------|--------------|----------|-------------|-------------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|--|
|                     |          |            |              |          |             | Pos Women   | Behind Women | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |  |
| Runde               | 2.00     | 7:33       | 3:46         | 2        | 0:33        | 3           | 0:33         | 2.00          | 7:33       | 3:46         | 1        | -           | 3         |              |  |
| Runde               | 2.00     | 7:55       | 3:57         | 2        | 0:37        | 3           | 0:37         | 4.00          | 15:28      | 3:52         | 18       |             | 5         |              |  |
| Runde               | 2.00     | 7:56       | 3:58         | 2        | 0:35        | 3           | 0:35         | 6.00          | 23:24      | 3:53         | 18       |             | 5         |              |  |
| Runde               | 2.00     | 7:55       | 3:57         | 2        | 0:36        | 2           | 0:36         | 8.00          | 31:19      | 3:54         | 17       |             | 5         |              |  |
| Leichtathletikhalle | 2.00     | 7:49       | 3:54         | 2        | 0:34        | 3           | 0:34         | 10.00         | 39:08      | 3:54         | 2        | 2:55        | 3         | 2:55         |  |