



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Hanzl, Peter

Club: Erfurt

Number: 1307

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Senioren M50 (50-59 Jahre)

Total time: 48:16

Speed: 12.43 km/h

Running performance: 4:50 min/km

Rank in course/Total: 255 (of 618)

Rank in course/Men: 237 (of 500)

Best time in course: 31:03

Rank in category: 31(of 89)

Best time in the category: 36:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.00	9:16	4:38	27	2:16	187	3:13	2.00	9:16	4:38	89	0:52	488	0:46
Runde	2.00	9:38	4:48	34	2:20	247	3:32	4.00	18:54	4:43	51		91	6:36
Runde	2.00	9:54	4:57	42	2:33	268	3:40	6.00	28:48	4:47	60		88	10:16
Runde	2.00	9:55	4:57	37	2:34	257	3:39	8.00	38:43	4:50	60		88	13:55
Leichtathletikhalle	2.00	9:33	4:46	33	2:14	243	3:22	10.00	48:16	4:49	31	11:57	238	21:48