



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Stein, Marcus

Club: ANNA KRAM: Laufend helfen
Number: 1701

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

männliche Jugend U20 (18-19 Jahre)

Total time: 48:34

Speed: 12.35 km/h

Running performance: 4:52 min/km

Rank in course/Total: 265 (of 618)

Rank in course/Men: 246 (of 500)

Best time in course: 31:03

Rank in category: 10(of 22)

Best time in the category: 32:52

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|---------------------|----------|------------|--------------|----------|-------------|-------------|------------|---------------|------------|--------------|----------|-------------|---------|------------|-------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Runde | 2.00 | 10:04 | 5:01 | 13 | 3:48 | 284 | 4:01 | 2.00 | 10:04 | 5:01 | 18 | | | 59 | 1:34 |
| Runde | 2.00 | 9:54 | 4:57 | 10 | 3:19 | 295 | 3:48 | 4.00 | 19:58 | 4:59 | 17 | | | 106 | 7:40 |
| Runde | 2.00 | 9:59 | 4:59 | 10 | 3:18 | 280 | 3:45 | 6.00 | 29:57 | 4:59 | 19 | | | 103 | 11:25 |
| Runde | 2.00 | 9:35 | 4:47 | 8 | 2:52 | 210 | 3:19 | 8.00 | 39:32 | 4:56 | 19 | | | 103 | 14:44 |
| Leichtathletikhalle | 2.00 | 9:02 | 4:30 | 6 | 2:25 | 164 | 2:51 | 10.00 | 48:34 | 4:51 | 10 | 15:42 | | 247 | 22:06 |