



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Fischer, André

Club: USV Erfurt / TSV Dresden

Number: 1228

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 34:26

Speed: 17.42 km/h

Running performance: 3:26 min/km

Rank in course/Total: 7 (of 618)

Rank in course/Men: 7 (of 500)

Best time in course: 31:03

Rank in category: 6(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	6:34	3:16	6	0:31	8	0:31	2.00	6:34	3:16	50			67	
Runde	2.00	6:52	3:25	6	0:38	9	0:46	4.00	13:26	3:21	75			117	1:08
Runde	2.00	6:58	3:29	5	0:44	7	0:44	6.00	20:24	3:23	75			114	1:52
Runde	2.00	6:59	3:29	5	0:43	7	0:43	8.00	27:23	3:25	75			114	2:35
Leichtathletikhalle	2.00	7:03	3:31	7	0:52	10	0:52	10.00	34:26	3:26	7	7:58		8	7:58