



39. Erfurter Silvesterlauf

Erfurt / 31.12.2012

Detailed evaluation

Hadlich, Lars

Club: TSV 1880 Gera Zwötzen

Number: 1492

Course: 10.00 km

Wertungslauf um den Pokal der Köstritzer Schwarzbierbrauerei

Category:

Männer (20-29 Jahre)

Total time: 42:47

Speed: 14.02 km/h

Running performance: 4:17 min/km

Rank in course/Total: 93 (of 618)

Rank in course/Men: 86 (of 500)

Best time in course: 31:03

Rank in category: 25(of 82)

Best time in the category: 31:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.00	7:51	3:55	20	1:48	54	1:48	2.00	7:51	3:55	39			19	
Runde	2.00	8:23	4:11	23	2:09	79	2:17	4.00	16:14	4:03	62			118	3:56
Runde	2.00	8:51	4:25	30	2:37	116	2:37	6.00	25:05	4:10	74			22	6:33
Runde	2.00	8:59	4:29	31	2:43	118	2:43	8.00	34:04	4:15	74			115	9:16
Leichtathletikhalle	2.00	8:43	4:21	31	2:32	120	2:32	10.00	42:47	4:16	26	16:19		87	16:19